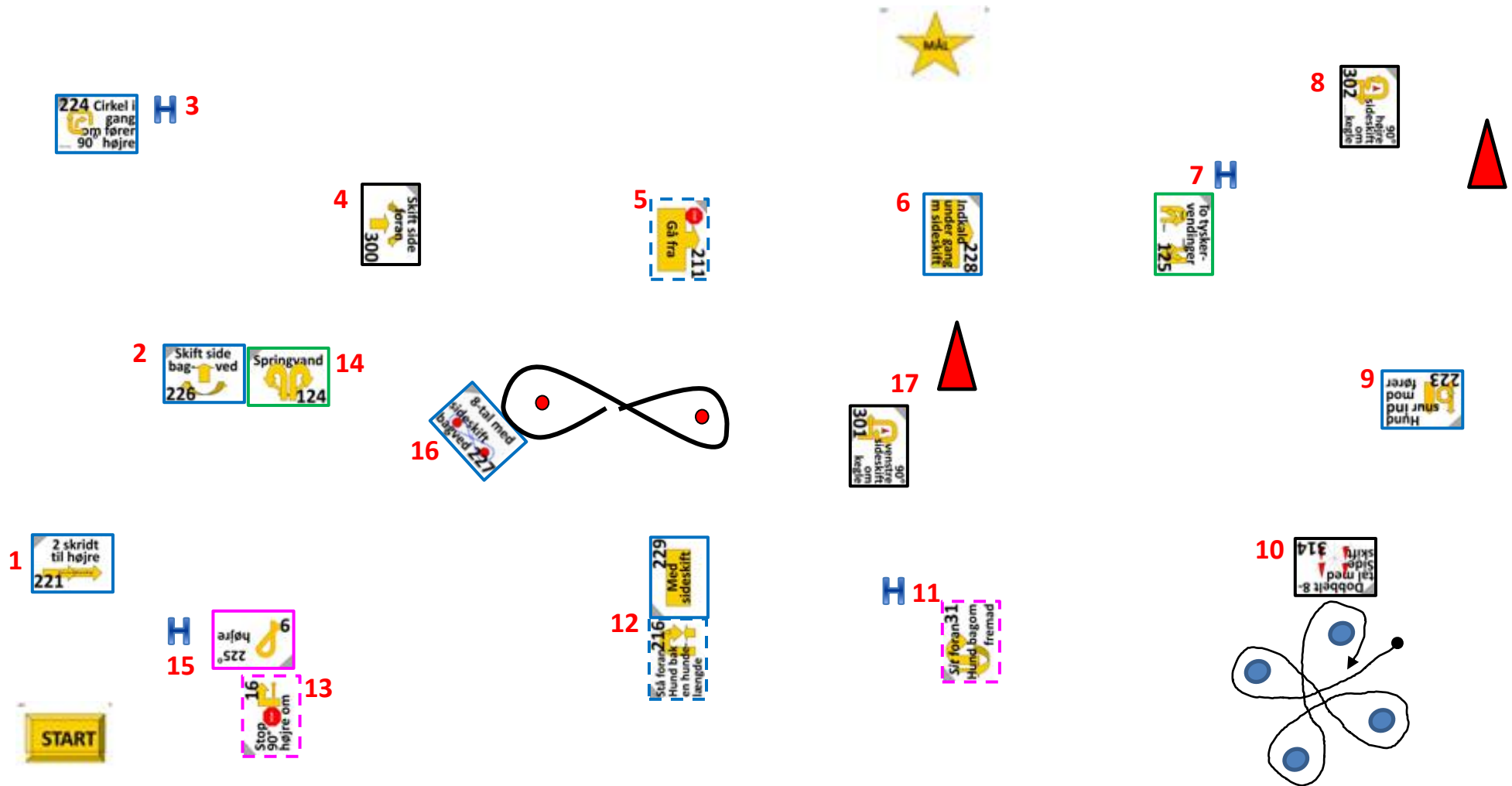
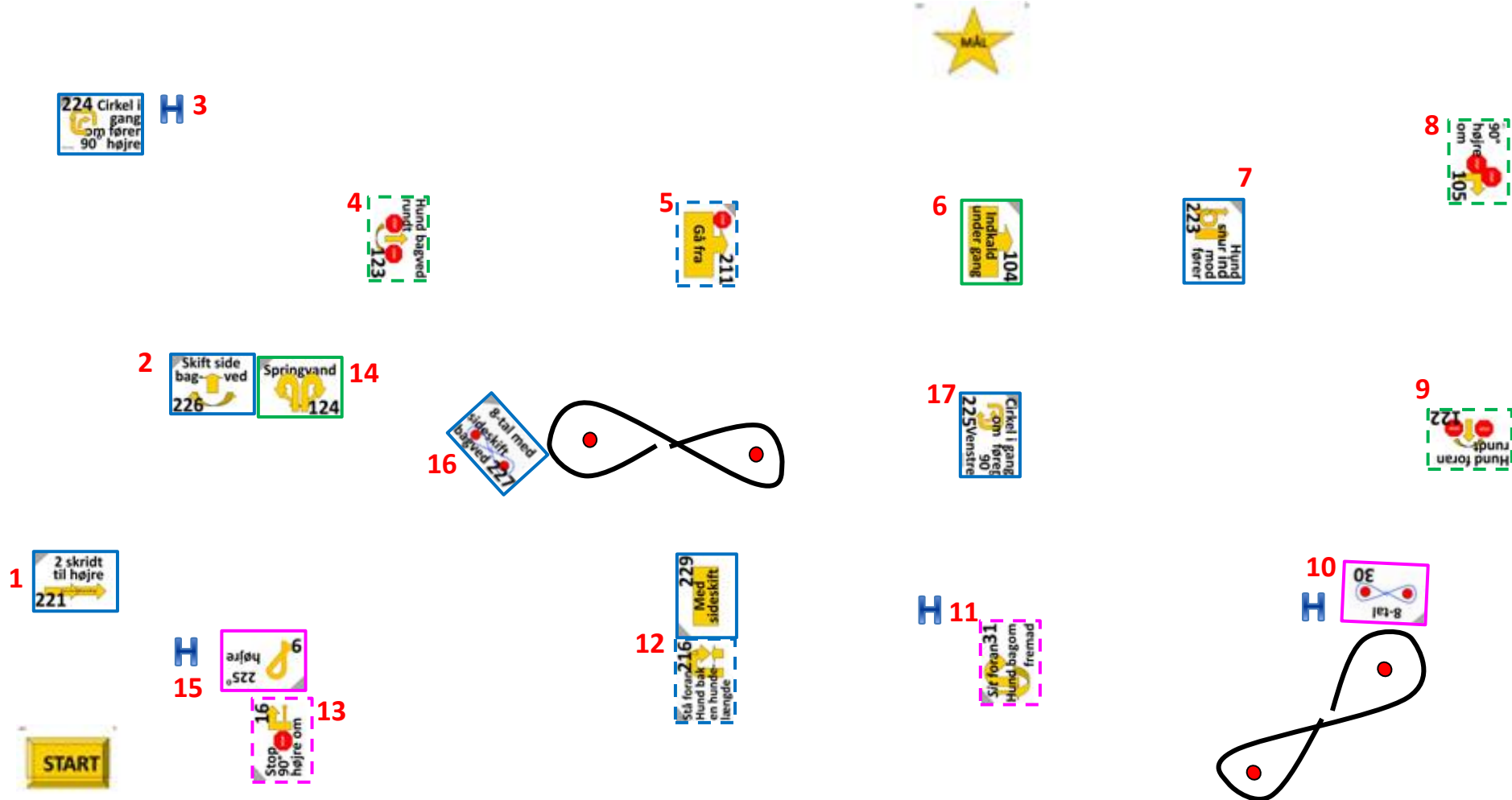


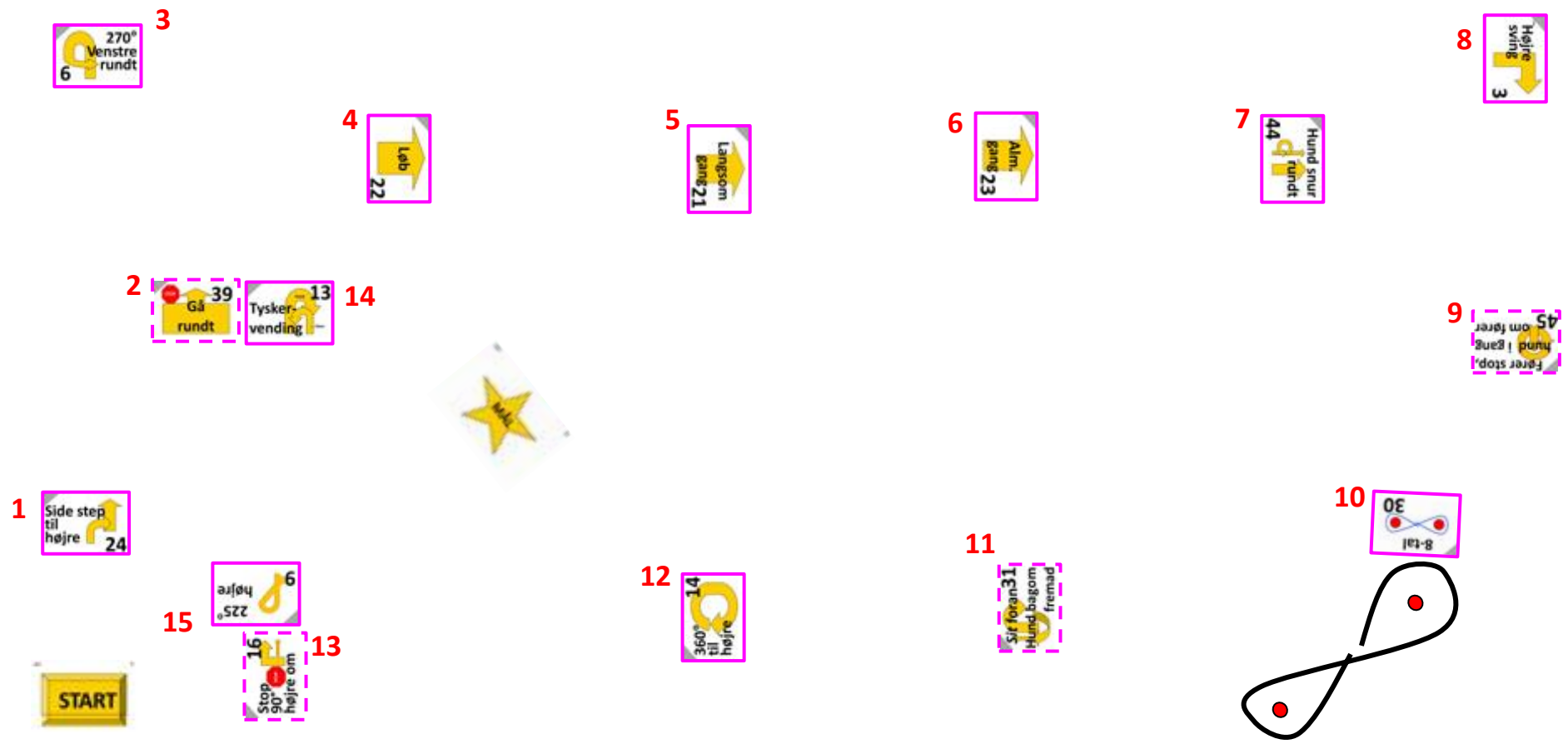
Skillt nr.	Start	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Øvelse.nr.	Venstre	319	226	224	300	223	123	315	302	316	314	305	122	321	124	9	227	225	301	216



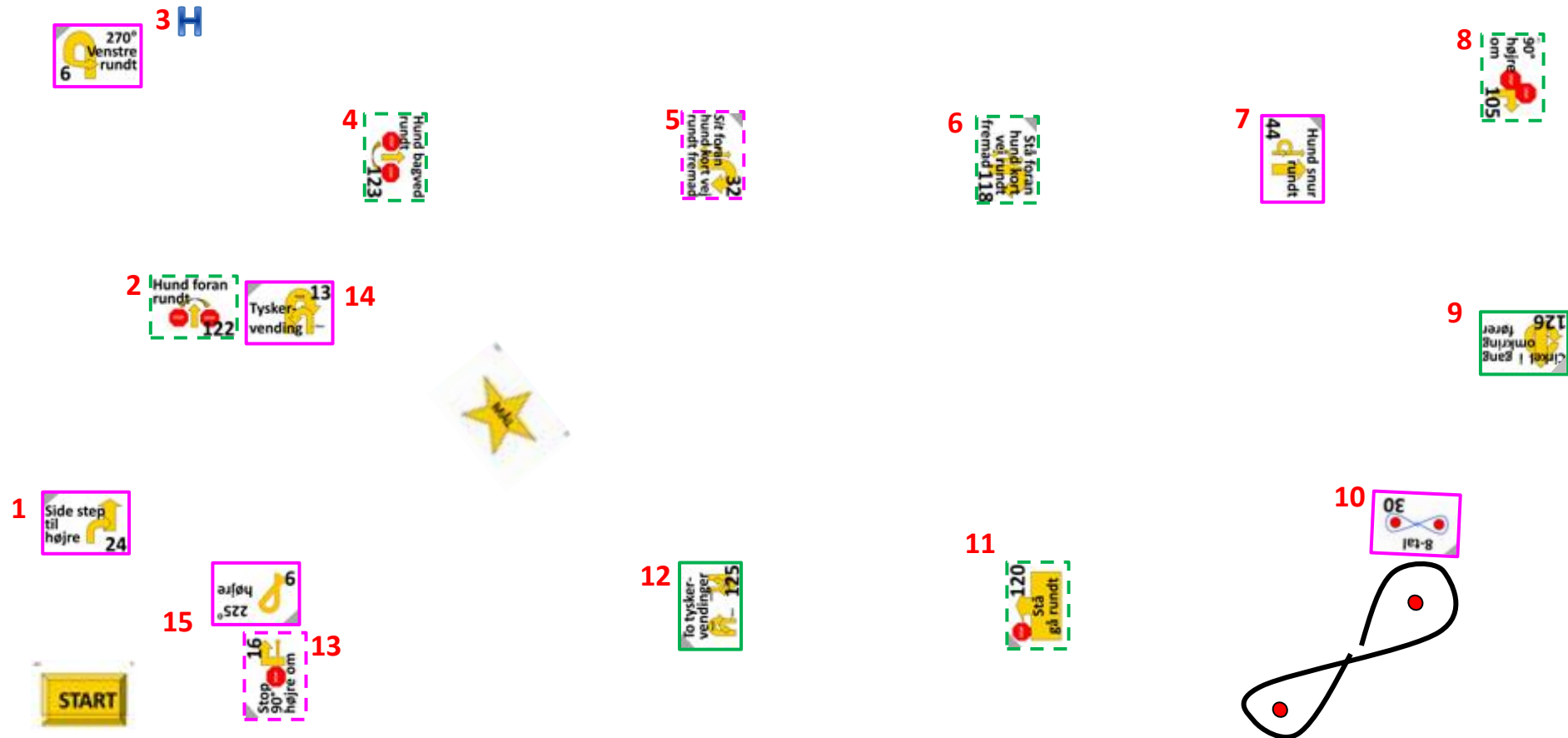
Skilt nr.	Start	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Øvelse.nr.	Venstre	221	226	224	300	211	228	125	302	223	314	31	216/229	16	124	9	227	301		



Skilt nr.	Start	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Øvelse.nr.	Venstre	221	226	224	123	211	104	223	105	122	30	31	216/229	16	124	9	227	225		



Skilt nr.	Start	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Øvelse.nr.	Venstre	24	39	6	22	21	23	44	3	45	30	31	14	16	13	9				



Skilt nr.	Start	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Øvelse.nr.	Venstre	24	122	6	123	32	118	44	105	126	30	120	125	16	13	9				